

Throw Together Chicken Salad 🍗



I got home late after seeing [Dan Rather](#) speak at [Barnes & Noble](#) tonight, so I ran to [Whole Foods Market](#) for a rotisserie chicken for quick chicken salad.

I shredded the breasts and added what I thought would be a good ratio of chopped cucumber and celery. Throw-together means no measuring in my house, so I ended up with a 50-50% ratio of chicken to veggies.

I mixed it with 1.5 containers of [siggi's](#) nonfat Greek yogurt and a generous amount [McCormick's](#) Garlic & Herb seasoning because that was what I had on hand. You can use whatever seasoning you like!

What's your favorite throw together weeknight meal?