

## My New Obsession: Ricotta Toast!



**Guys, I'm officially obsessed with ricotta toast. OBSESSED.**

**Before now I always thought of ricotta as the Italian cottage cheese that goes in lasagna. Not exactly true?**

[Organic Valley](#) says ricotta is "a creamy white, mild, fresh cheese with a soft texture and a slightly sweet flavor. Traditional Italian cheese-makers originally produced Ricotta from whey left behind in the making of Mozzarella and Provolone (Ricotta translates to "re-cooked")."]

**Turns out ricotta is used in a lot of baked pasta dishes, but also goes into sweet treats like cannoli and cheesecake, too!**

**But back to the toasts?**



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**I love the creaminess of the cheese mixed with the crunch of a good piece of whole grain bread. It's good for any meal of the day, but I really think of it as a breakfast food so I top it with fresh fruit, herbs, eggs, roasted veggies, you name it! It's also a great vehicle for leftovers ? chicken breast, sautéed peppers and onions, you name it! I even used broccoli rabe on one:**



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**I also used leftover roasted butternut squash with Cajun spices and added half a chicken sausage, too:**



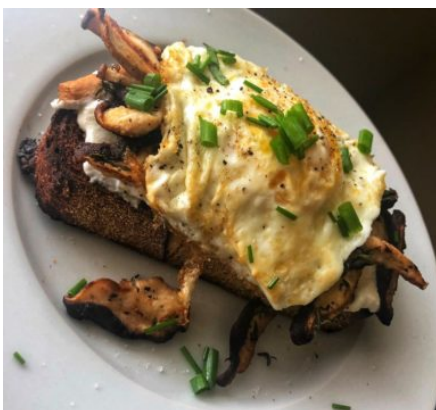
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**My favorite is a good piece of whole grain bread toast, topped with lowfat ricotta seasoned with kosher salt and coarse black pepper and some shiitake mushrooms, sautéed with fresh rosemary, like this:**



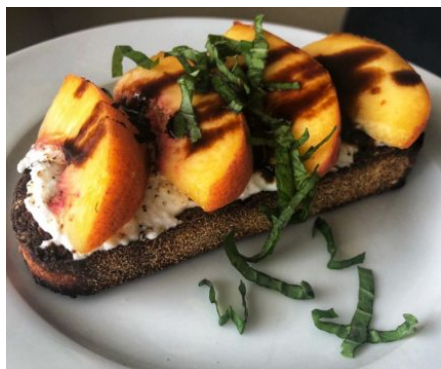
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**If I'm feeling peckish, I might even add an egg:**



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**The sweet versions are also delicious options! I made one with peaches and fresh basil:**



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**I also made one with a delicious, juicy Honey Crisp apple (though I think it needed a little [Mike's Hot Honey](#) to finish it up):]**



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**This is my favorite winter appetizer for dinner parties: [Crostini with Creamy Ricotta and Chorizo](#), and here are [9 Ricotta Toast recipes](#) I can't wait to try next!]**

**What about you? What's your favorite ricotta toast?**

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